

Southampton Children and Young People's Strategy 2017-2020

Our vision is that Southampton is a city where children and young people get a good start in life, are able to fulfil their potential and become successful adults who are engaged in their communities.

This strategy sets out how organisations in Southampton will work together with parents, families, carers and communities to improve outcomes for children in the city, focusing on prevention and early help and on providing the right help, at the right time.



engaged

We will achieve these outcomes by:

- Working together, taking a whole family approach, targeting reducing resources and focusing on prevention and early help.
- · Delivering joined up services that offer support proportionate to
- Improving educational attainment and aspiration.
- Reducing the number of children who are in the care of the council.
- Taking action in the first 1,000 days of a child's life, as we know this has the greatest impact on their life chances.
- Addressing the impact of inequalities and child poverty through the city's strategies and policies to improve outcomes for children and their families.

OUR CHALLENGES

- Between 2008/9 and 2012/13. Southampton became relatively more deprived – of the 326 Local Authorities in England, Southampton is now ranked 54th of the children in the city live in relative poverty
- Southampton has poor levels of educational attainment with only 50% of young people achieving 5 or more GCSEs at grades A*-C including English
- and abuse, with 77% of Child Protection Plan cases involving domestic violence and abuse.
- The demand for child and adolescent mental health services is increasing and there are high levels of childhood obesity and dental decay amongst the city's children.
- Southampton has high levels of hospital admissions for minor illnesses and injuries amongst children, and double the national average of under 18 hospital admissions for alcohol specific conditions.

DID YOU KNOW?

the future and able to help

themselves and each

other to succeed.



children and young people live in Southampton and this is expected to rise by **5.4%** by **2022**

children with special educational needs or disabilities in the city are supported by the Council



of school children are from a Black and Minority Ethnic background and 172 languages are spoken in our schools

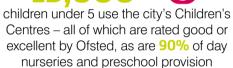
18-24 year olds represent the largest group of volunteers in the city at 45%



schools in the city. 85% of primary schools and 75% of secondary schools are rated good or outstanding by Ofsted

pregnancy rate

since 2006



Southampton has achieved a 62% reduction in the teenage



The % of young people who are not in employment, education or training (NEET) is lower than the England average

What does an average classroom in Southampton look like?

We took the last available data for Southampton and applied it to a 'model primary school classroom' of 30 children in the city. This shows that:



15 would be girls and 15 would be boys



4 would be registered as having special education needs or disabilities



10 would be classed as overweight or obese (at Year 6)



9 would have already experienced tooth decay

And by the age of 15*: (*what about YOUth Survey)



17 young people would have been bullied in the last two months



4 would be physically active for at least an hour a day



3 would be regular smokers



19 would have tried an alcoholic drink with more than 1 drinking alcohol regularly



4 would have tried cannabis

THE VOICE OF THE CHILD IN SOUTHAMPTON

We want children and young people to work with us to help make Southampton a better place for children, young people and their families.

Opportunities for children and young people to get involved include:

- Youth Forum Southampton
- Southampton Young Carers Project hosted by Southampton Voluntary Services
- Southampton Children in Care Council hosted by Youth Options
- Saints Foundation

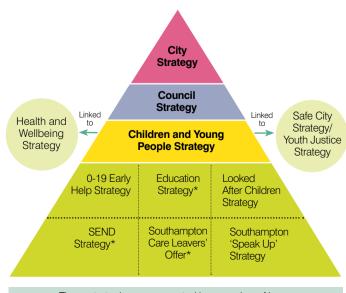
Special Educational Needs & Disabilities Short Breaks

- Junior Neighbourhood Wardens
- No Limits Young Ambassadors
- Local Safeguarding Children Board Work including Safeguarding Week

Volunteering as a Young Ambassador at No Limits has been brilliant! I've had training and helped recruit and train staff and been involved in consultations about how things run. No Limits. Young Ambassador

You said, We did: Young people have

told us they are keen to see what action has been taken as a result of what they have told us. Every term we will produce a 'you said, we did' report to show what has been done based on the feedback that children and young people have given us.



These strategies are supported by a number of lower level action and delivery plans.

What young people have told us: The Children in Care Council has made me feel that

my views about being in care matter and gives me confidence to say Children in Care Council

The Youth Forum sounds like a well good idea and I'd loved to be a part of something like this. Young person Itchen College

Outcome	We will focus on	We will achieve this by	We will measure success by
	Supporting Children in Need and being a good parent to children in care.	Supporting our Children in Need, Looked After Children, care leavers, foster carers and adopters in the city through the Looked After Children Strategy. Monitoring and reviewing the quality and effectiveness of services for children and young people in care to support them to reach their potential. Supporting young people leaving care through the Leaving Care Policy, ensuring they are receiving the advice and guidance they need to live independently. Reducing the number of Looked After Children by seeking permanent placements in a timely manner.	 Number of Looked after Children (rate per 10,000 children under 18) Number of children with active social care involvement % care leavers in contact and in suitable accommodation Average number of days between registration and approval for new prospective adopters
Children and young people in Southampton are safe and secure	Protecting vulnerable children and young people	Delivering the Local Safeguarding Children Board (LSCB) Missing, Exploited and Trafficked plan to improve outcomes for vulnerable children. Delivering actions from a Thematic Review of Online Safety / Prevention of Self Harm in children which is underway by the Local Safeguarding Children Board (LSCB). Developing and delivering a 'Preventable Injuries Action Plan' for children and young people. Developing a citywide anti-bullying approach. Delivering the Southampton Against Domestic Violence and Abuse Plan which aims to put Children and Young People at the heart of multi-agency response to Domestic Violence and Abuse.	 Number of hospital admissions caused by unintentional and deliberate injuries in children (aged 0-14 years old, 15-24 years old) Number of actions completed from the Thematic Review of Online Safety by Local Safeguarding Children Board (LSCB) Number of young people who state they have been bullied in the 'What about YOUth survey' Number of repeat referrals to Children and Families Services where domestic violence and abuse is a factor
	Reducing Youth Offending	Delivering the Youth Offending Strategy which aims to reduce the numbers of children involved in crime and antisocial behaviour and help young offenders to rehabilitate. Delivering the Hampshire Constabulary Strategy for Children and Young People to respond to the needs of young people who are at risk of becoming victims or offenders.	Number of first time entrants into Youth Justice system (10-17 years old)
Children and young people in Southampton achieve and aspire	Increasing educational attainment for all	Supporting our schools and pupils to continue to develop through the School Improvement Plan and the Attendance Action Plan. Delivering the Education Strategy 2017-2019, making sure Children and Young People have good levels of education attainment, fulfil their potential and go on to have successful opportunities in adulthood. Closing the attainment gap for vulnerable children through a new Looked After Children Action Plan. Supporting children and young people with special educational needs and disibilities to achieve their potential in all aspects of their lives through the SEND strategy.	 % pupils at Key Stage 2 attaining Level 4+ in reading, writing and maths GCSE Progress 8 and GCSE attainment levels % SEND assessments/plans % 16-17 year olds in education and training % pupils in Early Years Foundation phase achieving good level of development % young people who go onto higher education Number of apprenticeships
	Increasing school readiness Giving children and young people the skills they need to aspire to fulfil their potential	Supporting early years providers to ensure children can reach their potential. Developing an Employment, Skills and Learning Partnership Action Plan that raises awareness of opportunities for young people post 16 years and encourages them to achieve their potential.	
Children and young people in Southampton live happy and healthy lives	Getting children and young people active and healthy	Delivering the Children and Young People's Healthy Weight Plan which aims to create a culture and environment that champions healthy food choices and active lifestyles and offers targeted prevention and early intervention. Working with NHS England to maintain a high level of immunisation uptake. Increasing breastfeeding at 6-8 weeks through delivering the breastfeeding action plan.	 Reduction in % of children with excess weight Vaccination rates for the pre-school booster and MMR vaccinations Breastfeeding prevalence at 6-8 weeks after birth Hospital admissions for mental health conditions Hospital admissions as a result of self-harm (10-24 years) Rates of teenage pregnancies Hospital admissions due to alcohol specific conditions Hospital admissions due to substance misuse (15-24 years)
	Improving mental health and wellbeing Reducing risky behaviours	Delivering the Child and Adolescent Mental Health Services (CAMHS) Transformation Plan to improve wellbeing and reduce other outcome gaps for children and young people with low levels of mental health, emotional wellbeing and increase resilience. Delivering the Southampton Sexual Health Improvement Plan and the Teenage Pregnancy Action Plan. Delivering the Alcohol Strategy 2017-20 which includes actions to protect	
	Helping children and	children, young people and families from the effects of harmful drinking and ensure alcohol harm messages are available to all young people in the city. Raising awareness of risks associated with substance misuse through delivery of key messages and education, such as BUZZ educational workshops. Delivering the Parenting Support Action Plan to help parents address	
Children and young people in Southampton are resilient and engaged	their families become more resilient through prevention and early help	unhealthy behaviours before and after the birth of their child. Delivering phase two of the Families Matter programme. Establishing integrated, targeted, local prevention and early help services for 0-19 year olds across health and social care. Delivering the Adult Education Programme in partnership with our Sure Start Children's Centres to help local residents gain life skills such as 'cooking on a budget' as well as employability skills.	 % of early help assessments undertaken % pupils achieving good levels of development at the end of reception % of families 'turned around' through the Families Matter phase two programme % of learners on the Adult Education Programme living in Southampton The number of actions completed on the multi-agency action plan associated with the Southampton Speak Up Strategy
	Preparing for adulthood Promoting participation and engagement	Improving the way we support children, young people and their families to prepare for adulthood and transition to adult services, including the Ready, Steady, Go programme for young people with long-term medical conditions. Delivering the Southampton Speak Up - Participation Strategy 2016–2020 to encourage children and young people to get involved in the decisions that affect them.	

This vision for children and young people in Southampton will be championed by a number of partnership boards, which include our partners across the city:

- Southampton Connect
- Safe City Partnership
- Health and Wellbeing Board

- Employment Skills and Learning Partnership
- Local Safeguarding Children's Board
- Southampton Education Leadership Forum
- Southampton Integration Board
- Youth Forum Southampton
- Youth Justice Board